

*Singing Makes a Difference ...*



## CoreSinging® Certification Programme

*Breathe new life and energy to your teaching*

"After 30+ years of teaching singing, I was burned-out, felt stale and exhausted...then came CoreSinging® and, suddenly, it's such a blast again! ...and everyone is having a terrific time singing...and I'm smiling, feeling so creative and inspired as their "teacher".

Elizabeth Blades

### **What will you learn?**

Exciting and fun new practical approaches to teaching all elements of singing

The CoreSinging® approach is bringing extraordinary results to Vocal Performance Pedagogy. It is based on concepts that have been drawn from Western tradition, oriental mystic and healing arts and quantum mechanics. Your expertise and teaching of voice is put into a new, balanced perspective that brings added joy to your work and singing.

### **Who may attend?**

Those teachers and voice professionals who work with singers at any age, level or style.  
Emphasis is on personal development, mentoring and peer discussion and coaching.

### **What topics are included?**

- Fun, easy vocal warm ups for individuals and groups
- Finding your 'core" through focussing
- The anatomy of the human biofield (energy field)
- Using concepts of energy to enhance learning and teaching
- Using Qigong as a way into balance and health
- Dynamic Balance for establishing equilibrium in any stage situation
- Dynamic Breath
- Enhancing the voice through awareness of inner and outer environment
- Song-making and scatty conversations
- The art of practice
- Imagination unlimited
- Compelling performance
- Personal coaching for self-development
- And many more

The CoreSinging® Teacher/Trainer Programme has five Levels. On completion of Level 3, you are entitled to become a Certified CoreSinging Teacher.

*"Today the possibilities for developing a balanced performer are unlimited. With the accessibility of courses and therapies from every tradition; East, West, and mixtures of the both, to new creative helpful therapies happening in the area of energy healing and medicine, there is little excuse not to develop the potential that we all have. It is a normal part of the development of world-class athletes to use these various systems to reach their performance potential. Singers can do this too". (M Dayme, Dynamics of the Singing Voice, 5th edition)*

## The Programme:

1. Level One: Introduction to CoreSinging®
  - One day interactive course
  - Topics include: The anatomy of the human biofield (energy field) and its application to singing and teaching, Vocal warmups that are fun, therapeutic and practical, Dynamic Balance, approaches to song or choral music that incorporate vocal technique and learning in a holistic way
  - Workbook/manual provided
  - Lunch provided
  - Fee: \$175
2. Level 2 Intermediate CoreSinging®
  - Two day course (Prerequisite Level 1)
  - Topics include: Continuation of Level 1, Making your energy work for you, More warmups and exercises, Awareness and Performance, Dynamic Biofield Breathing,
  - Workbook provided
  - Lunch provided
  - Fee \$350 (For those attending Levels 1 and 2, discounted fee is \$500)
3. Level 3 Certificate Course
  - Two day course (prerequisite Levels 1 and 2)
  - Topics include: Use of concepts of Qigong in teaching, Drawing your song, How to Practice, Fearless Performance
  - Practicum in teaching CoreSinging®
  - Workbook provided
  - Lunch provided
  - Final dinner and awarding of certificates
  - Fee: \$450 (For those attending entire five days discount fee is \$875)
4. Level 4 Advanced CoreSinging® Teacher Course
  - Fifteen hours of individual coaching and mentoring with Meribeth
  - Topics based on individual needs
  - Fee: \$900
  - Allowed to teach Levels 1 and 2
5. Level 5 Associate CoreSinging®
  - Special Associate teaching programme tailored to individual
  - Practicum and certification course
  - Fee: \$2500 (payable in increments)
  - Allowed to teach CoreSinging® Levels 1, 2 and 3
  - Details available on demand

Meribeth Dayme, PhD, is a well-known vocal educator and master teacher. Her books, *Dynamics of the Singing Voice*, *The Performer's Voice*, and *The Singing Book* (with C Vaughn), are used by beginning singers, undergraduates, graduates, and professors around the world. After many years dedicated to vocal education and performance practice, she is delighted to share CoreSinging® with teachers and other voice professionals so that they can enhance their teaching, continue their own self-development, and find new and exciting ways to work with students.